NEW ERA PUBLIC SCHOOL

MAYAPURI. NEW DELHI-110064

For classes VI-XII

NEPS/PAR.CIR./2020-21/15

29.05.2020

Dear Parents,

I hope all of you and your loved ones continue to be in a safe and healthy environment. This difficult and challenging time is going to be longer than anyone had anticipated. All of us can and should do our best to stay physically and emotionally fit and fine during these times.

One of the key ways of maintaining our health is to exercise, do some deep breathing exercises (include our children and our elders in this), eat foods that are immunity building, get enough sleep, limit our screen time as and when possible. I understand that our children are getting education through the screens but encourage them to not spend any more time glued to the screen as far as possible. Read, play scrabble and other board games from your childhood, do crosswords, play cards, play Antakshari, cook together with children and elders, write a story, poem, article etc

I request all of you to please absorb these thoughts and share with your family members. I want each one of our school children and their family members to be safe along with the rest of the world.

Our online teaching will be suspended from today afternoon until early July. Teaching (online or in school) will begin from 6th July, 2020. Holiday homework for the children will be assigned in the next week and information regarding that will he sent vou. Our valued staff members have all worked very hard to deliver academic content online, interacted with the students in an extremely loving and patient manner, given counselling as required, kept the energy of the children in positive balance and given the best of themselves to the 3000 children enrolled in our school. For that and so much more I convey my gratitude to them all.

I also wish to thank parents for engaging with their children in a constructive manner thereby ensuring good learning outcomes and maintaining the psychological health of the students. I hope to stay in touch with you through the summer break if there is any need to pass on valuable information. Please feel free to write to us on the school email address during the next 5 weeks.

Please stay safe. Be healthy. God Bless.

Vandana Chawla PRINCIPAL